

## for Overnight Camp

## **Clothing and Footwear**

- Socks 1 pair per day
- Underwear 1 pair per day
- T-shirts 5-6 (8-10 for 2 weeks)
- Long sleeved shirt 2-3
- Shorts 2-3 pairs
- Jeans/Sweatpants 2 pairs
- Sweatshirt
- Fleece Jacket
- Raincoat or Windbreaker
- Sunhat & Toque/Earband
- Swimsuit 2
- Fancy Dinner Outfit
- Running Shoes/Sports Sandals
- Crocs/Flipflops/Slides

## Health and Hygiene

- Shampoo, Conditioner & Soap/Bodywash
- Washcloth/Shower Pouf
- Sunscreen & insect repellent (non-aerosol)
- Toothbrush & Toothpaste
- Deodorant
- Hairbrush & Hair Elastics
- Menstrual Supplies

## **Bedding & Linens**

- Pillow with case
- Twin Sized Fitted Sheet
- Comforter or Sleeping Bag
- Towels 2 (for beach & shower)
- Bug net for bed suggested

# **Packing Tips**

- Every child is unique, please pack what you know they would require to dress
- Label EVERYTHING to make sure it makes it home
- Don't pack expensive or beloved items as they may get damaged or lost
- Pack with your child so they know what is in their bag.
- For sprays, please choose non-aerosol bug spray & sunscreen. They are difficult for your child to use, and can cause damage to our facility.
- Space is limited at camp, so be sure that your camper can use their luggage for clothing storage.
- There is no laundry service at camp, but we are able wash items in case of emergency
- We love Crocs at camp, but please also pack a pair of running shoes! Crocs are not suitable for campfire, low ropes or forest play activities.
- Fancy Dinner happens every Thursday night, pack a special outfit that makes you feel fancy!
- Don't bring your powered appliances, we don't have plugs in our cabins.

Updated: November 2024

## **Additional Items**

- Flashlight or Headlamp
- Waterbottle
  - Book/Journal & Pens/Playing Cards
  - Comfort Item (stuffed animal/blankie)

Hidden Bay is not responsible for any items damaged, lost or stolen at camp